## **Support Services**



Blue Knot Foundation  Website: <a href="https://www.blueknot.org.au">www.blueknot.org.au</a> Provides telephone counselling, information and support for adult survivors of child abuse and referral to professionals and agencies. Provides workshops for survivors, family members, partners and friends. Professional development for health professionals is also available.	Phone 1800 737 732
Bravehearts Website: <a href="https://www.bravehearts.org.au">www.bravehearts.org.au</a> Specialist case management, face to face counselling (QLD only) and telephone counselling in all states and territories for child and adult survivors, non-offending family members and friends engaging with the Royal Commission.	Phone 1800 272 831
CatholicCare Sydney Website: <a href="https://www.catholiccare.org">www.catholiccare.org</a> Provide support and counselling services to people of any background or denomination. Specialist services include individual and relationship counselling, family support, disability and out of home care services.	Phone 13 18 19
Child Wise Website: <a href="https://www.childwise.org.au">www.childwise.org.au</a> Trauma informed telephone and online counselling for childhood abuse. Training and organisational capacity building on child abuse prevention.	Phone 1800 991 099
Interrelate Website: <a href="https://www.interrelate.org.au">www.interrelate.org.au</a> Counselling and support for those affected by institutional child sexual abuse and the work of the Royal Commission. Locations in metropolitan, regional and rural NSW.	Phone 1300 134 924
Lifeline Website: <a href="https://www.lifeline.org.au">www.lifeline.org.au</a> 24 hour crisis support and suicide prevention.	Phone 13 11 14
MensLine Australia Website: <a href="https://www.mensline.org.au">www.mensline.org.au</a> A national telephone and online support, information and referral service for men and family and relationship concerns.	Phone 1300 789 978
Sexual Assault Counselling Australia (SACA) Website: <a href="www.sexualassaultcounselling.org.au">www.sexualassaultcounselling.org.au</a> Provides telephone counselling, including a free telephone interpreting service, for people affected by the Royal Commission. Some face-to-face counselling is available in NSW and Victoria. Staffed by trauma specialist counsellors.	Phone 1800 211 028
Survivors & Mates Support Network (SAMSN) Website: <a href="https://www.samsn.org.au">www.samsn.org.au</a> Facilitated groups and workshops for male survivors of childhood sexual abuse and their families.	Phone 1800 472 676
Victims Access Line Website: <a href="https://www.victimsservices.justice.nsw.gov.au">www.victimsservices.justice.nsw.gov.au</a> Provides confidential support and information to victims of all crimes, including sexual and physical assault and domestic violence.	Phone 1800 633 063

## **Support Services**



## For further support and advice please contact the Safeguarding Team:

Director, Safeguarding and Ministerial Integrity Office	Karen Larkman: 02 9390 5810 <a href="mailto:karen.larkman@sydneycatholic.org">karen.larkman@sydneycatholic.org</a>
Safeguarding Officer, Support & Training	Anna Sammut: 02 9390 5811  Anna.sammut@sydneycatholic.org
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